After Laryngoscopy

• Absolutely NO talking, at all, for 3-5 days (not even whispering)
• After first 3-5 days, only necessary talking, or very little talking, for 7 more days (no talking on the phone, no singing, etc.) at a very low volume.
• Expect bloody mucous when coughing for 3-5 days, but try to avoid coughing, if possible
• Take codeine for cough and for any discomfort
• Normal diet
• Take antibiotic as directed
• Call office if worsening cough or pain, or increased blood in mucous
• Follow up appointment as booked by the office