

Morning Reflection

As I face the challenges given to me, The opportunities to learn and grow That I may find in each new day; Let me seek strength and support, Welcoming loving compassion from all, To nurture and enrich my spirit.



Hidden wonders abound;
Pause and take the time
To perceive and discern.
Miracles of nature flourish,
Marvels proliferate;
Asserting each day:
An awe-filled world.



Daily accepting the task at hand;
A clear mission defined and known;
Echoes resound, though oft' unobserved;
With grace and care, a duty fulfilled;
Tender thanks for nourishment received.



Delicately poised, a mere moment; Frenetic activity paused. Gossamer wings now still, Prepared, waiting, ready; Ready for new vistas to come.