

# Seminar for Singers

Saturday, March 6, 2010  
8:00 am - 4:30 pm

Lectures & Workshops addressing  
Common Breath-Related Questions:

“What does ‘Singing from the  
Diaphragm’ really mean?”

“Why is my voice breathy through  
the passaggio?”

“Why am I running out of breath  
when I try to sing a long phrase?”

“What is ‘Support’, anyway?”

Presented by  
The Voice and Speech Laboratory



**Massachusetts  
Eye and Ear  
Infirmary**

Seminar for Singers  
Voice and Speech Laboratory  
Massachusetts Eye and Ear Infirmary  
243 Charles Street  
Boston, MA 02114

## MEEI Faculty

Ramon A. Franco, Jr., M.D.  
Director, Division of Laryngology  
Medical Director, Voice & Speech Laboratory

Phillip C. Song, M.D.  
Laryngologist

Chih Kwang Sung, M.D.  
Laryngology Fellow

Mary McDonald Klimek, M.M., M.S.-CCC/SLP  
Senior Speech Pathologist, Professional Voice

Catherine Ballif, M.A.-CCC/SLP  
Speech Pathologist, Professional Voice

Keiko Ishikawa, M.M., M.A.-CCC/SLP  
Speech Pathologist, Professional Voice

## Guest Faculty

David Systrom, M.D.  
Department of Medicine, Pulmonary & Critical  
Care, Massachusetts General Hospital  
Assistant Professor, Harvard Medical School

## Venue

Meltzer Auditorium, 3rd floor  
Massachusetts Eye and Ear Infirmary  
243 Charles Street  
Boston, Massachusetts  
(617) 573-4050

## Directions

MEEI is located on the corner of Charles  
and Fruit Streets. It is a short walk from the  
Charles/MGH T Station. Detailed directions  
can be provided upon request or found on the  
MEEI website:

[http://www.masseyeandear.org/about-us/  
maps-directions/main-campus/](http://www.masseyeandear.org/about-us/maps-directions/main-campus/)

Parking is available in MEEI lots for \$10 (see  
map at link above, and do not park at MGH)

## Schedule

### Morning Lectures & Workshops

- 7:30 am **Registration & Refreshments**
- 8:00 am Ms. Klimek, Dr. Franco  
**Official Welcome & Introduction to the Day**
- 8:10 am Dr. Sung  
**Physiology of Singing**  
How the Vocal Folds “Valve” Breath
- 8:45 am Ms. Klimek  
**Exercises, Demos & Observations:**  
Posterior Glottal Gaps and Vibratory “Gears”  
“Just Breathe!”
- 9:15 am Dr. Systrom  
**Physiology of Breathing**  
How Breath Moves In and Out of Lungs  
Risks/Benefits of “More is Better” Breath  
Philosophy in Singing
- 10:15 am **BREAK**
- 10:45 am Ms. Klimek & Ms. Ballif  
**Exercises, Demos & Observations:**  
When might a “Less is Best” Philosophy  
Apply to Breathing?
- 11:15 am Drs. Franco & Systrom  
**Respiratory Health Maintenance**  
How to Keep Noses, Voices, and Lungs Healthy  
Special Advice for Singers
- 12:00 noon **LUNCH**  
  
Served in the 7th Floor Cafeteria  
(included in registration fee)

### Afternoon Lectures & Workshops

- 1:00 pm Drs. Song & Systrom  
**The Doctors are “IN” with Q & A**  
Meeting the Challenges of Asthma, Allergies,  
Reflux, and Post-Nasal Drip
- 2:00 pm Ms. Ishikawa  
**What is “SUPPORT” of the Singing Voice**  
Trends in Recent Research
- 2:30 pm **BREAK**
- 2:50 pm Ms. Klimek  
**What about “Registers”?**  
Historical and Stylistic Perspectives  
Garcia to Aguilera: Bridging the “Break”!  
The “Balancing Act” of Support without Strain  
(Exercises, Demos & Observations)
- 4:00 pm **Q & A and Closing Remarks**

#### Information

For questions or additional registration forms,  
call 617-573-4050 or E-mail:  
mary\_klimek@meei.harvard.edu

#### Cancellation Policy

In case of snow cancellation, all fees will be  
refunded in full. Those registered in advance  
will be notified via phone or e-mail at 7:00 a.m.

#### Speech-Language Pathologists

The Massachusetts Speech-Language-Hearing  
Association is approved by the Continuing  
Education Board of the American Speech-  
Language-Hearing Association (ASHA) to  
provide continuing education activities in  
speech-language pathology and audiology. This  
program is offered for 0.6 CEUs (Intermediate  
Instructional Level; Professional Area). ASHA  
approval of CE provider status does not  
imply endorsement of course content, specific  
products, or clinical procedures.

## Registration Form

### Seminar for Singers

Saturday, March 6, 2010

Name \_\_\_\_\_

Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

Advanced Registration (rec'd before Feb 24th)

\$65 Fee for Standard Admission

\$30 Student Rate (must produce valid ID)

Late/Walk-In Registration (rec'd after Feb 24th)

\$75 Fee for Standard Admission

\$45 Student Rate (must produce valid ID)

SLP Registration for CEUs

\$95 Fee for Admission & ASHA CEUs

Enclosed amount in US \$ \_\_\_\_\_

Make check or money order payable to  
“MEEI” and send to:

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